



Week 6

Sermon Series: Lessons from the Sinless Savior

Sermon Title: Getting Sabbath Right

Sermon Text: Luke 6:1-11

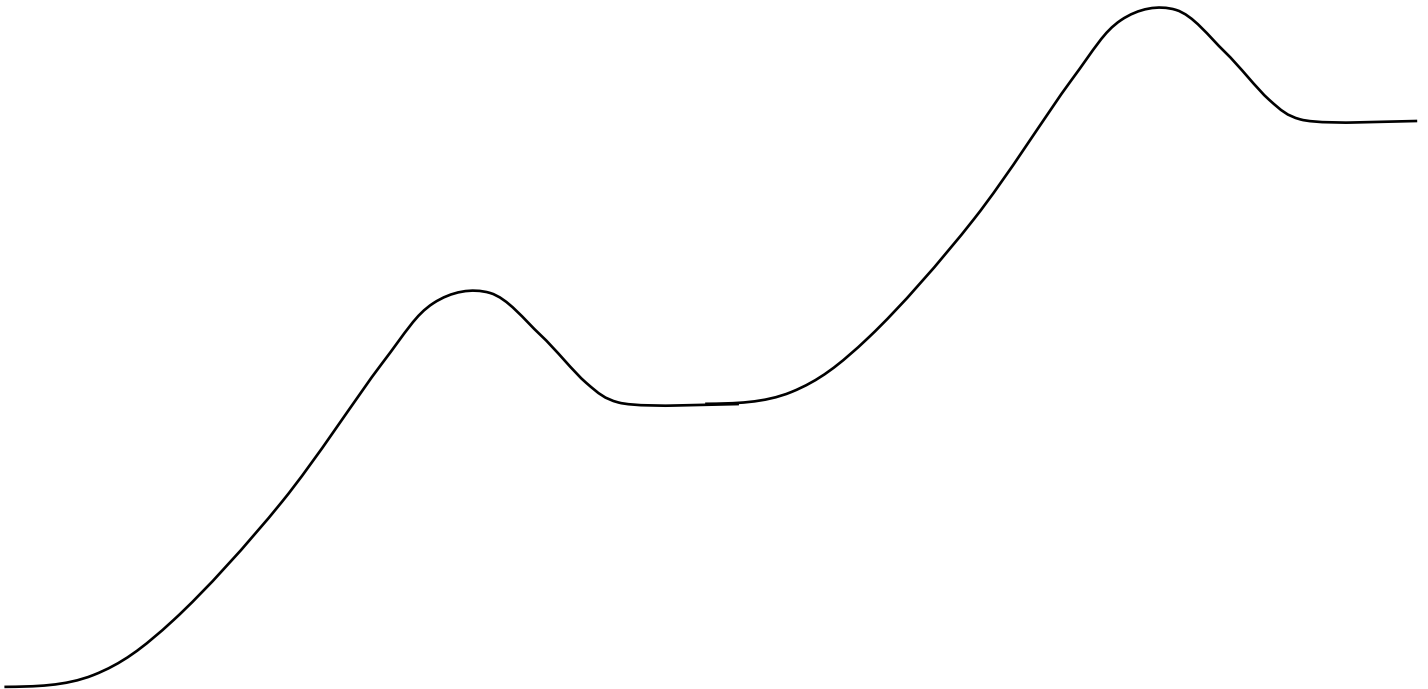
Group Week of: August 20, 2023

Sermon Date: August 27, 2023

Scriptures for Additional Daily Studies	
Day 1	Sabbath Law – Exodus 20:4-6
Day 2	Consecrated Bread Law – Exodus 24:1-9
Day 3	David's Story – 1 Samuel 21:1-9
Day 4	Mark's Account – 2:23-28
Day 5	True Rest – Hebrews 4:1-16

The Text: Luke 6:1-11

- 1) **Read** the text slowly and carefully.
- 2) **Pray** for understanding, insight, and transformation.
- 3) **Fill in the plot arch** by writing down verses in the story as points on the plot line to help show you where the main lessons in the story are.
- 4) **Answer** the interpretive questions at the bottom.



Textual Questions

- 1) What is (are) the main lesson(s) that you see Jesus teaching in this passage?
- 2) What does the David example teach about Jesus and the Sabbath?
- 3) What does the healing example teach about Jesus and the Sabbath?

Discussion Guide Questions

- 1) Why did God, who never sleeps or grows weary, rest on the seventh day?

- 2) Why did God command His people to have a Sabbath day?

- 3) Understanding the *purpose* or *reason* for a law is an incredibly important part of obeying and applying the law. For instance, see the following questions:
 - i. What is the purpose or reason for taxes?

 - ii. What do people who write tax law do when they forget the reason for taxes?

 - iii. What do tax-payers do when they forget the reason for taxes?

- 4) The Pharisees are missing the reason for the Sabbath and have become focused on writing more and more Sabbath-related laws to define what is and is not a violation of the Sabbath. What is a law in the New Testament that modern Christians have lost the original purpose for and have gotten caught up in debates over definitions of what is and is not permissible? Secondly, why does this keep happening? What in the human heart leads to this often-repeated misstep? (Some examples include tithing, church attendance, worship, and Bible reading.)

- 5) When Jesus declares that the Son of Man is Lord of the Sabbath, He is showing that He is the authority on the Sabbath, but also that the Sabbath ultimately is for and about Him. With this passage in mind, what should you do with your weekly time of rest? How should Jesus' Lordship inform the way you rest?

- 6) The theme of *rest* in Scripture stretches from Genesis all the way to Revelation. Answer these questions as you consider *all of God's Word*:
 - i. Why does God command you to rest?

 - ii. Why does God invite us into rest with Him?

 - iii. What does all this say about God and His heart towards us?