



Week 4

Sermon Series: Songs of the Savior

Sermon Title: The First Song

Sermon Text: Luke 1:39-56

Group Week of: April 16, 2023

Sermon Date: April 23, 2023

| Scriptures for Additional Daily Studies | |
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| Day 1 | Hannah's Prayer – 1 Samuel 2:1-10 |
| Day 2 | Blessing the Humble – Luke 7:1-10 |
| Day 3 | John & The Holy Spirit – Luke 1:11-17 |
| Day 4 | Raising the Humble – Philippians 2:1-11 |
| Day 5 | God's Faithfulness – Micah 7:14-20 |

The Text

- 1) **Read** the text slowly and carefully.
- 2) **Pray** for understanding, insight, and transformation.
- 3) **Answer** the interpretive questions at the bottom.

⁴⁶ And Mary said:

“My soul glorifies the Lord

⁴⁷ and my spirit rejoices in God my Savior,

⁴⁸ for he has been mindful

of the humble state of his servant.

From now on all generations will call me blessed,

⁴⁹ for the Mighty One has done great things for

me—holy is his name.

⁵⁰ His mercy extends to those who fear him,

from generation to generation.

⁵¹ He has performed mighty deeds with his arm;

he has scattered those who are proud in their
inmost thoughts.

⁵² He has brought down rulers from their thrones
but has lifted up the humble.

⁵³ He has filled the hungry with good things
but has sent the rich away empty.

⁵⁴ He has helped his servant Israel,
remembering to be merciful

⁵⁵ to Abraham and his descendants forever,
just as he promised our ancestors.”

Textual Questions

- 1) What is the message that God and Mary are speaking through this text?
- 2) What themes do you see in Mary's song?
- 3) What kinds of actions does Mary attribute to God in this song?

Discussion Guide Questions

- 1) What is your personal favorite way to worship God?
 - i. Why is it your favorite and how often do you do it?
 - ii. What are some of the other ways you worship God?
- 2) Mary says that both her spirit and soul glorify and worship God. What does it mean to worship God this way? How can you know if you are truly worshipping God with your spirit and soul?
- 3) A key word to remember in Mary's song is the word "for" in verse 48. We see that Mary is worshipping God because of what He has done for her. Is this a good motivation to worship God? Are there any other good motivations to worship God?
- 4) It is deeply important to worship God as a response to recognize the goodness He has bestowed upon your life. Write out a list of the good things God had done towards you below and spend some time worshipping Him for those things.
- 5) One theme of Mary's song is God's goodness towards those who are humble, lowly, and yet fear the Lord. Who do you think of when you think of humble, hungry, and lowly? How do you think most Christians think of such people? How close or far are we from being like God on this matter?
- 6) Another theme of Mary's song is His judgement upon the inwardly proud, the ruler, and the rich. Who do you think of when you think of someone who is inwardly proud, rich, and powerful?
 - i. Do you aspire to be the humble/lowly/fearful/hungry or the inwardly proud/rich/powerful?
- 7) Mary's song looks back on what God has done, while at the same time looking ahead to what the Messiah has come to do. It is important for us to do the same. Spend some time meditating on what Jesus is truly like, and what He has really come to do, and discuss with your life group how you think your personal life measures up with how God deals with man in Mary's song.