

Addiction Pt 2

Typical Problems

The Change Process:

1. Detox
2. Working on Faith
3. The Reshaping of Desire Through Abiding in Christ.
 - a. The Hope of the New Covenant: Ezekiel 36:24-27 ²⁴“For I will take you out of the nations; I will gather you from all the countries and bring you back into your own land. ²⁵I will sprinkle clean water on you, and you will be clean; I will cleanse you from all your impurities and from all your idols. ²⁶I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. ²⁷And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.
 - b. Life with the Spirit: Romans 8:1-9 ¹Therefore, there is now no condemnation for those who are in Christ Jesus, ²because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death. ³For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, ⁴in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.

⁵Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. ⁶The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. ⁷The mind governed by the flesh is hostile to God; it does not submit to God’s law, nor can it do so. ⁸Those who are in the realm of the flesh cannot please God.

⁹You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you.

Galatians 5:16-18 ¹⁶So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. ¹⁸But if you are led by the Spirit, you are not under the law.

Important Battles for Truth in the Addict

1. Dead to Sin vs Alive to Sin: **Romans 6:1-14**
2. Slaves to Sin vs Slaves to Righteousness: **Romans 6:15-23**
3. Satisfaction in Jesus vs Satisfaction in Broken Cisterns: **Isaiah 55:1-13; Jeremiah 2:13; John 4:13-14; 2 Peter 2:13-22**

Walking in Newness

1. Handling Cravings
 - a. The self-control the Spirit gives: **Galatians 5:22-25; 1 Corinthians 9:24-27**
2. Early Success & Pride
 - a. The deceitfulness of firm ground: **1 Corinthians 10:11-13**
3. Later Defeats & Doubt
 - a. Recognize the war but keep coming back to victory: **Romans 7:21-25; Romans 8:1-39**